SAIL – Support for Active Independent Lives
What is SAIL

• It’s an innovative and visionary program developed with member input
• Members are directly involved in shaping our program and building a sustainable future
Sponsored By:

Madison Area Continuing Care Consortium, Inc. (MACCC)

Attic Angel Association, Home Health United, HospiceCare Inc. and Oakwood Lutheran Homes Association, Inc.
More about SAIL

- Over 200 members and growing
- A non-profit association
- The second program of its kind in the country
What SAIL offers:

- Support services
- Health and wellness services
- Convenience services
- Social and volunteer opportunities
Support Services

- Access to pre-screened service providers you can trust!
  - Handymen
  - Housekeeping
  - Home Companions
  - Snow removal, etc

- Computer assistance
- Referral to community agencies
- Consumer advocacy and satisfaction
Health and Wellness

- Active Care
  - MSCR
  - Harbor Athletic

- Personal health coaching

- Parish Nursing

- Educational programs

- Referrals for respite services
SAIL S.O.S. – Sense of Security

Personal emergency response service to members and non-members living in Dane County features:

- Around the clock assistance
- Personalized local follow-up
- Offered to members and non-members throughout Dane County
- Low cost
Convenience Services

- Transportation Arrangements
- House checks while you’re away
- Coordination of home and personal services
- One bill a month
- One phone number to call
SAIL PERKS

- Mattress Flipping
- Light Bulb Changing
- Clean Sweep
- Monthly newsletter and quarterly updates
Social Opportunities

- Socialize at our
- Book Clubs
- Exercise classes
- Potlucks and member meetings
- Programs
Madison Area Seniors Group

- Started as a way for people 55 and older to meet and socialize
- Included are activities such as dining, coffee, game nights, and/or other events
- Atmosphere at events is friendly and casual
- Easy...http://seniors.meetup.com/131/
Volunteer Opportunities

- SAIL Committees
- Member Advisory Group
- Office Assistance
- Transportation
- Events
- Newsletter
- Visits
“I think of SAIL as quality-of-life insurance... it’s nice to know they are there when I need them.”
How you can be a part of SAIL

- Become a Member
- Tell Friends and Family
- Volunteer
- Contribute Financially
- Or, All of the Above!
Support for Active Independent Lives

Call: 230-4321 or visit our website at
www.sailtoday.org