Since 2002, the UWRA Retirement Challenges Committee has offered programs spanning a wide variety of health, well being, socio-political, and other nonfinancial issues of interest to retirees and their partners and friends. Several factors may drive the choice of program topics: interest in a specific health issue; controversial approaches to health management; new developments in health care policy; transitioning for retirement; preparing for and maintaining a healthy and happy retirement; information about local resources available to retirees; and salient social and political themes. The 2013-2014 season concludes the 12th year that the Committee has been operational.

**Committee Members**
June Weisberger Blanchard
Judy Craig
Patsy Evans (Co-chair)
John Helgeson
Margo Melli
Mary Ellen Peters
Linda Shriberg (Co-chair)
Chuck Statthas
Georgia Wagner
Ann Wallace (Ex-officio)
Hal Winsborough
Shirley Winsborough

**Programs Scheduled for the 2013-2014 Season:**

This past season, the Committee achieved its goal of scheduling a total of four programs; two in Fall, two in Spring:

**Class of ’57 Study (Wisconsin Longitudinal Study); October 22, 2013**  
*Pamela Herd, Associate Professor of Public Affairs & Sociology*

**The Risks and Benefits of Taking Statin Medications, December 5, 2013**  
*James Stein, MD, Robert Turell Professor in Cardiovascular Research, UW-Madison; Director of Preventive Cardiology, UW Hospital & Clinics*  
[This program was canceled due to a family emergency]

**The Overmedicating of Older Adults in America: A Public Health Epidemic; April 22, 2014**  
*Alan Lukazewski, Director of Pharmacy Services, Oakwood Village*

**Preventing Fractures to Retain Quality of Life with Aging: Vitamin D, Calcium, Osteoporosis and Sarcopenia; April 29, 2014**
Neil Binkley, MD, UW Divisions of Geriatrics & Endocrinology; Director, UW Osteoporosis Clinical Research Program; Associate Director, UW Institute on Aging